



**Southport and  
Ormskirk Hospital**  
NHS Trust

LIBRARY & KNOWLEDGE SERVICE

# Local Support Groups Southport & Ormskirk Area

## Contents

Alcohol Problems .....	3
Asbestos – see Mesothelioma .....	3
Alzheimer’s.....	3
Asthma .....	3
Autism .....	4
Bereavement.....	4
Bipolar Disorder .....	4
Breast Cancer .....	4
Cancer .....	5
Cardiomyopathy.....	6
Carers .....	6
Child and Adolescent Mental Health Services .....	6
Coeliac Disease.....	6
Diabetes .....	6
Disability.....	7
Children.....	7
Domestic Violence .....	7
Down’s Syndrome .....	7
Drug Abuse.....	7
Eating Disorders .....	7
Endometriosis .....	8
Gastric Cancer .....	8
Head and Neck Cancer Support Group .....	8
Hearing Problems.....	8

HIV.....	8
Infertility.....	8
Macular Disease.....	9
Mental Health Problems.....	9
Mesothelioma.....	9
Multiple Sclerosis.....	9
Older People.....	9
Pancreatic Cancer.....	10
Parkinson’s Disease.....	10
Postnatal Depression.....	10
Sarcoma.....	10
Stroke.....	10

## Alcohol Problems

### **Ambition Sefton (formerly Lifeline)**

8 Church Street, Southport, PR9 0QT

01704 534759

### **Sefton Treatment and Recovery Service (STARS)** (Individuals over the age of 18)

0300 100 1000

### **SMASH**

A service specifically designed to meet the alcohol and drug needs of young people in Sefton

0151 288 6021

### **Sefton Alcohol Services**

Sefton Alcohol Services offer help and support about alcohol through their counselling service.

Clinics are held throughout Sefton.

If you are interested in using this service please ring **01704 542 332**

## Asbestos – see Mesothelioma

## Alzheimer's

### **Alzheimer's**

Suite 5 Gordon House, 3-5 Leicester Street, Southport, PR9 0BY

01704 539967

### **Age UK (Lancashire)**

17a Cambridge Walks, Southport, PR8 1EN

0300 303 1234

## Asthma

### **Breathe Easy Sefton North support group**

The Doves Centre, Formby Rail Station, Kirklake Rd, Liverpool L37 2JF

03000 030 555

## Autism

### **Sefton SEN & Disability Information, Advice & Support Service (SENDIASS)**

Redgate Annexe, Redgate, Formby, L37 4EW

0151 934 3334

## Bereavement

**The Compassionate Friends** (Supporting bereaved parents and their families after a child dies).

0345 123 2304

<https://www.tcf.org.uk/content/in-your-area/>

## Bipolar Disorder

### **Bipolar Support Group Southport**

St Peters Church, St Peters Road, Southport, PR8 4BY

Tel: 020 7931 6480 – this redirects you to your local support group

## Blood Cancer

### **North Merseyside & West Lancashire (Southport/Ormskirk) Lymphoma Association**

Sefton Cancer Support, 1 Duke Street, Formby, L37 6BS

Karen 07710 393891

## Breast Cancer

### **Southport & Formby 'Lift Up'**

Our Lady of Lourdes Parish Rooms, Birkdale, Southport, PR8 3DA

Janet Hicks 01704 704087

### **West Lancashire Breast Cancer Support Group**

Outpatients Dept, Ormskirk District Hospital, Ormskirk, L39 2AZ

Sarah Lennon 01695 656656

## Cancer

### **Sefton Cancer Support Group**

1 Duke Street, Formby, L37 4AL

James Brown 01704 879352

### **Colorectal Cancer Support Group**

The Grove Community Centre, Station Approach, Burscough, L40 0RZ

Katie / Stacey 01704 704250

### **Lung Cancer Support Group**

Living Well Centre, Scarisbrick Avenue, Southport, PR8 1NW

Janet Thompson 01704 705161 / Mel Barron 01704 704653

### **Southport & District Ovarian Cancer Support Group**

Peacehaven House, 101 Roe Lane, Southport

Margaret Thompson 01704 532193

### **Southport & West Lancashire Prostate Cancer Support Group**

Hurlston Hall

Urology Secretaries 01704 704255/704025

### **Southport & West Lancs Melanoma Patient Group**

The Salvation Army, Shakespeare Street, Southport, PR8 5AJ

Mike Green 07977 260030

### **Children's Cancer Support Group (CHICS)**

Ronald McDonald House, Alder Hey Children's NHS Foundation Trust

0151 523 8886

## Cardiomyopathy

### **Cheshire and Merseyside Support Group**

01494 791224

<http://www.cardiomyopathy.org/shared-experiences/cheshire-and-merseyside-support-group>

## Carers

### **Sefton Carers' Centre**

27-37 South Road, Waterloo, L22 5PE

0151 288 6060

## Child and Adolescent Mental Health Services

### **Sefton Primary Mental Health/Sefton Specialist CAMHS**

3TC House, 16 Crosby Road North, Waterloo, L22 0NY

0151 285 4023, 0151 285 4025 or fax 0151 285 4015

### **Child & Family Therapy Service** (Southport & Formby/North Sefton)

01704 511 930

## Coeliac Disease

### **Liverpool Coeliac Volunteer Support Group**

For more information please email [liverpool@coeliac.org.uk](mailto:liverpool@coeliac.org.uk).

Search 'Liverpool Coeliac Volunteer Support Group' on Facebook and follow us on

Twitter @coeliacliv

0333 332 2033

## Diabetes

### **Lancelots** – Southport, Formby, & Ormskirk Children's Diabetic Club

Telephone 07849 788 993 / E-mail [angiegore@blueyonder.co.uk](mailto:angiegore@blueyonder.co.uk)

### **Diabetes UK** - North Sefton Voluntary Support Group

123 Sefton Street, Southport, PR8 5DD

01704 530729

## Disability

**New Directions**, Head Office, 3rd Floor, The Investment Centre, 375 Stanley Road, Bootle L20 3EF

0151 934 3726

## Children

**Aiming High** – Family Support Team

Magdalen House, 30 Trinity Road, Bootle, L20 3NJ

0151 934 3845

## Domestic Violence

**Merseyside Domestic Violence Services (Liverpool)**

0151 709 8770

**Sefton Women's and Children's Aid**

166 Knowsley Road, Bootle, Liverpool, L20 4NR

0151 922 8606

## Down's Syndrome

**Down Syndrome Liverpool**

PO Box 1 Mossley Hill District Office Liverpool L18 4SD England

[secretary@downsyndromeliverpool.org.uk](mailto:secretary@downsyndromeliverpool.org.uk)

## Drug Abuse

**Sefton Council Substance Misuse Team**

Merton House, Stanley Road, Bootle, L20 3JA

0151 934 3100

## Eating Disorders

**S.E.E.D (SUPPORT AND EDUCATION FOR EATING DISORDERS)**



All Saints Church, Elizabeth Street, Preston, PR1 2RX

Shelley Perry 0844 391 5539

## Endometriosis

### **Endometriosis UK**

0808 808 2227

## Gastric Cancer

### **GASSUP (Gullet and Stomach Cancer Support) Group** – Preston and surrounding areas

Vine House, 22 Cromwell Road, PR2 6YB

David Critchley on 01257 452384

## Head and Neck Cancer Support Group

### **'Happy Larry's' Laryngectomy Support Group**

Queen of Martyrs Social Club, Stonebridge Lane, Liverpool L11 9AZ

Mrs Ann Newlands 0151 547 4926

## Hearing Problems

### **Southport Centre for the Deaf**

19a Stanley Street, Southport, PR9 0BY

01704 537001

## HIV

Sahir House , 2nd Floor , 151 Dale Street , Liverpool , L2 2AH

0151 237 3989

## Infertility

### **Fertility Support Group** (formerly LINK)

Hewitt Centre, Liverpool Women's Hospital

[John.Lippitt@lwh.nhs.uk](mailto:John.Lippitt@lwh.nhs.uk)

## Macular Disease

### **Southport & North West Macular Support Group**

77 Motherwell Crescent, Southport, PR8 5LT

01704 549 706

## Mental Health Problems

### **Rethink Mental Illness (Chester Support Group)**

1 The Mount, Boughton, Chester, CH3 5UD

07922 670521

## Mesothelioma

### **Breathe Easy Sefton North support group**

The Doves Centre, Formby Rail Station, Kirklake Rd, Liverpool L37 2JF

03000 030 555

Merseyside Asbestos Victim Support Group

3rd Floor, Oriel Chambers, 14 Water Street, Liverpool, L2 8TD

0151 236 1895

## Multiple Sclerosis

### **MS Society Sefton Area Branch**

0800 040 7318

[sefton@mssociety.org.uk](mailto:sefton@mssociety.org.uk)

## Older People

### **Age UK – Lancashire Office**

17a Cambridge Walks, Southport, PR8 1EN

0300 303 1234

[southportoffice@ageuklancs.org.uk](mailto:southportoffice@ageuklancs.org.uk)

## Pancreatic Cancer

### **Macmillan Pancreas Cancer Support Group**

Royal Liverpool University Hospital and Broadgreen Hospital

Macmillan Clinical Nurse Specialist, Phil Whelan at [philip.whelan@rlbuht.nhs.uk](mailto:philip.whelan@rlbuht.nhs.uk)

## Parkinson's Disease

### **Parkinson's UK Southport & District Branch**

United Reformed Church Hall, Lord Street West, Southport, PR8 2BH

Emma Hughes, Volunteer Co-ordinator

0300 123 3683

[vc.north2@parkinsons.org.uk](mailto:vc.north2@parkinsons.org.uk)

## Postnatal Depression

**Home-Start Southport & Formby**, First Floor, Premier House, Wight Moss Way, Southport, PR8 4HQ

01704 233323

## Sarcoma

### **Merseyside and Cheshire Sarcoma Support Group**

Roy Castle Foundation, 200 London Road, Liverpool L3 9TA

0151 706 5997 / 0151 706 2000

[mcsarsup@gmail.com](mailto:mcsarsup@gmail.com)

## Stroke

**Stroke Association** – Southport and Formby Information, Advice and Support Service

1st Floor, 52 Hoghton Street, Southport, PR9 0PN

01704 385135

### **Southport Stroke Club**

St. Patricks Social Club, 35 Marshside Road, Southport, PR9 9TJ

J Harris [jkharris\\_98@yahoo.com](mailto:jkharris_98@yahoo.com) 01704 568883

**Southport and Formby Communication Support Service**

*1st Floor Hoghton Street, Southport, PR9 0PN*

Emma Howard [emma.howard@stroke.org.uk](mailto:emma.howard@stroke.org.uk) 01704 385134